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Dr. Atul Shah, The AmazingAllergist – Allergy Facts

- There are more than 60 million Americans with allergies.
 - Allergy prevalence has been increasing across all age, sex and racial groups.
 - Allergies are the fifth leading chronic disease among all age groups.
 - Allergies are the third most common chronic disease among children under 18 years.
 - 40 million Americans have indoor/outdoor allergies as their primary allergy.
 - 10 million Americans are allergic to cat dander.
 - 7% of allergy sufferers have skin allergies.
 - 6% of allergy sufferers have food/drug allergies.
 - 4% of allergy sufferers have latex allergy.
 - 4% of allergy sufferers have insect allergies.
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- Allergies account for more than 17 million outpatient office visits each year.
 - Food allergies account for 30,000 emergency room visits each year.
 - The annual cost of allergies is estimated to be nearly \$7 billion.
 - Allergies cause 4 million missed or lost workdays per year.
 - Allergies cost U.S. companies more than \$700 million in lost productivity each year.
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- Percentage of the people in the U.S. who *believe* they have a food allergy: up to 15%.
 - Percentage of the people in the U.S. who *actually* have a food allergy: 3% to 4%.
 - Indoor pollution in U.S. homes exceed levels of outdoor pollution by two to 100 times.
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- An estimated 10 percent of the U.S. population may be allergic to animals.
 - Approximately 20 to 30 percent of individuals with asthma have pet allergies.
 - An estimated 26-30 million Americans have hay fever symptoms each year.